

# IOWA COMMUNITIES RELY ON

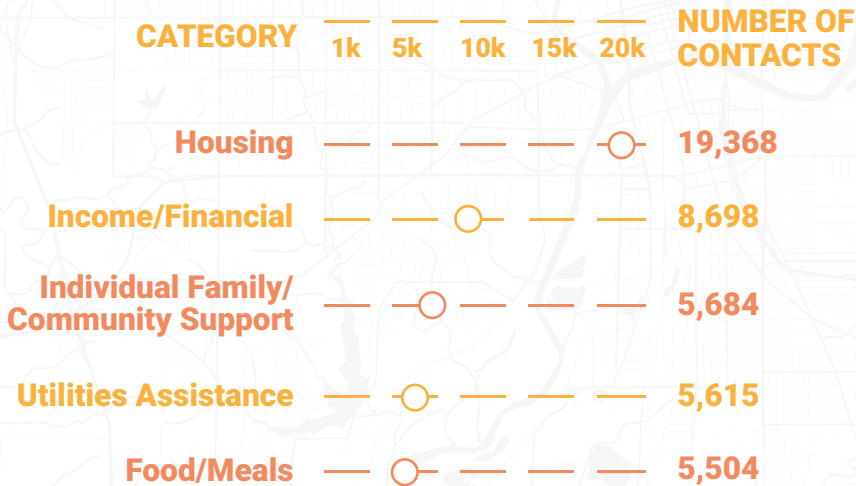
211 IOWA IS A FREE SERVICE THAT REFERS CALLERS TO NON-EMERGENCY HEALTH AND HUMAN SERVICES.

## TOTAL CONTACTS IN 2022

 **57,000+**

## CALLERS TOP 5 NEEDS

211 is a trusted information and referral service that can help every Iowan get connected to resources available in their community.



## WAYS TO GET CONNECTED WITH 211

Call **2.1.1**,  
or toll free  
**866.244.7431**

Text your  
zip code to  
**898211**

Download  
the free **211**  
**Iowa app**

Visit our  
website at  
**211iowa.org**

### ACCESSIBLE

Iowans can receive free help at any time on any day throughout the year. Get connected to resources through 211 by phone, text, app, or website. A language line is available to translate 150 languages.

### RESPONSIVE

211 quickly connects residents with thousands of available health and human service programs, community services, disaster services, and government programs.

### PROFESSIONAL

A trained professional listens to understand the situation and determine the best local options available using an extensive, up-to-date database.

"211 was there for me at a time when I thought I had nowhere else to go. I called multiple places in search of food, all leaving me feeling frustrated. Someone suggested I call 211, and in doing so all my feelings of frustration were resolved. The 211 representative was very compassionate and provided me with expert knowledge on how I could get in contact with Meals on Wheels – I finally wasn't worrying about if I was going to have access to a hot meal every day. I cannot express my gratitude enough to the employees at 211; you can tell they genuinely want to provide their callers with help and will stop at nothing to do so."

- 211 caller from Lucas County



Scan the QR code to get access to the app.

Download the free 211 Iowa app to your smart phone or tablet to find resources that meet your needs.

# In the State of Iowa, Help is 3 Numbers Away

**211** maintains a comprehensive database of community resources and provides information and referrals for essential needs like:

- Food
- Housing and Shelter
- Utility Assistance
- Healthcare Services
- Government Services

**211** can also connect people with information and referrals for:

- Transportation
- Legal Services
- Counseling & Support Groups
- Disaster Aftercare
- Everything Else



**988** provides crisis support for:

- Thoughts of Suicide
- Mental Health Crisis
- Substance Use Crisis
- Emotional Distress

**911** provides first responder dispatch for:

- Medical Emergency
- Fire
- Reporting a Crime
- Disaster Response
- Life Threatening Situation

